



CATAWBA COUNTY

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Department of Social Services

PRESS RELEASE/PSA

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FOR IMMEDIATE RELEASE

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Flu and Pneumonia Vaccinations for Seniors

Seniors Morning Out is sponsoring a Senior Breakfast Buffet with the opportunity for seniors to get Flu and Pneumonia vaccinations on October 19th from 8am until noon at Trinity Reformed United Church of Christ in Conover. Entertainment and bagged lunches will also be provided. There is no charge for breakfast, however donations are welcome.

Seniors who would like to get vaccinated should bring their private insurance card or Medicare B card, whichever is appropriate. In addition, they must also bring one of the following forms of identification; driver's license, state ID, or social security card. Approved private insurance companies are Aetna, Blue Cross/Blue Shield, Medicare, and Complete-United Health Care. Seniors may also pay directly, at \$40 for the Pneumonia vaccination and \$30 for the Flu vaccination. Interested seniors should call 695-5610 to reserve their meal and/or flu shot by October 12th.

Senior's Morning Out is a program that provides nutritious meals and a social outlet for Catawba County's seniors. More than 150 senior adults attend the program. Transportation is provided to any of the five locations throughout Catawba County for those in need. Lunch is served daily around 11:00 a.m. and donations are accepted for the meal.

For more information or to register for the event, call 828-695-5610 by October 12th.